



Meldrum Bourtie & Daviot Community Council

EMERGENCY ADVICE



The purpose of this advice is to make you aware of problems that may exist in an emergency and what you can do to help yourself, your friends, your neighbours and how you can obtain help.

Household Emergency Plan

In an emergency (severe weather, flooding etc.) it may be some time before any help can arrive. Depending upon the circumstances, weather problems roads blocked etc., this may be 2 to 3 days. It's very important that you and your family get together to **plan and prepare** to be able to look after yourselves, and if necessary, help friends and neighbours.

Remember look after your own safety first. It's better to stay in and tune in to local radio than go out. However, if you do go out, make sure you are suitably prepared for the conditions.

The Community Council will, if possible, set up an information kiosk in both Oldmeldrum and Daviot. **Place TBC.**

Keep informed of developing situations. Listen to news broadcasts and weather forecasts etc. This will help you plan and prepare. Emergency services will help you if you must evacuate your home by knocking on doors, use of loud hailer etc. They will also help you move to a place of safety. If possible, take a small emergency grab bag with you. In case you can't get home agree with your family two meeting places: one near home and one further away. The important point is to communicate with your family as to your

location and status. Send a text message. Remember stay put unless it's safe to move.

If it is safe to do so you should check on your neighbours and any vulnerable people you know of living close by. **It's vital to remember to look after your own safety first. If you become a casualty, you can't help anyone, and who will be available and able to help you? Remember stop and check for danger first.**

The emergency services will, when necessary, liaise with The Community Council.

Plan and prepare.

You should keep enough **food and water** and other **essentials** at home to last at least **a few days**.

Emergency kit. If you must evacuate, take a small grab bag with you if possible. The **top ten things to include** are:

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| 1. Radio with spare battery or wind up radio | 6. Spare key home & car |
| 2. Torch with spare battery | 7. Spare glasses or contact lenses |
| 3. First aid kit | 8. Toiletries and important medicines |
| 4. Important documents | 9. Pencil and paper, penknife, whistle |
| 5. Bottles of water | 10. Pet supplies |

Visit our website www.oldmeldrum.org for resilience information and updates.

Aberdeenshire's Council Planning for Emergencies website

www.aberdeenshire.gov.uk/communities-and-events/safety-and-emergencies/planning-for-emergencies

Contact Numbers. In the event of an emergency call [999](tel:999) immediately.

Emergency services	999	Floodline Scotland	03459881188
Police non-emergency	101	NHS 24.	111
Loss of power (SEEN)	105	Scottish water	08000778778
Gas emergency	0800111999	Insurance	